BITS Pilani
Dubai Campus



23rd BITS SPORTS FESTIVAL

- Rulebook for Schools -



23rd BITS Sports Festival

Rules of the Tournament

BITS Pilani
Dubai Campus

Badminton | Basketball
Cricket | Chess | Football
Table Tennis | Tennis
Throwball | Volleyball

23rd BITS Sports Festival

General Rules

1. All the matches of BSF 2026 will be conducted on knockout basis.

2. All the teams must be accompanied by the Manager/ Coach.

3. All the players should provide their ID cards to the committee before the match. Without ID, players will not be allowed to participate in any BSF matches.

4. In case of any indiscipline, which includes the use of abusive language etc., the Committee/Umpire has the authority to disqualify/penalize the concerned player.

5. All COVID-19 Guidelines by KHDA and DSC should be followed, violation of which will result in imposition of a fine by the management.

6. The organizing committee shall not be responsible for any kind of injury/ death during the event.

7. All the players should be in proper sports kit.

8. The concerned playing team should report at the venue 30 minutes before the commencement of the match.

9. Protest can be lodged by the team Coach/Manager and captain with the approval of the Head of the institution. A protest deposit of AED 500 must be paid which will be refunded in case the Technical Committee upholds the protest

BITS Pilani
Dubai Campus

23rd BITS Sports Festival

10. The age restriction for players is:

Boys: A maximum of two players per sport may be 13 years old. All other players must be older than 13 and enrolled in high school.

Girls: A maximum of two players per sport may be 13 years old. All other players must be older than 13 and enrolled in high school.

11. Any person/student found involving in any sort of mis conduct in the campus will result in disqualification of the school.

12. All players must show their Emirates ID at Registrations desk at the time of arrival.

13. Only players who had taken the two doses of vaccine will be allowed to participate in the Sports festival.

BITS Pilani
Dubai Campus

23rd BITS Sports Festival

Rules for Badminton (Boys)

1. The tournament will be played for the team championship.

2. All matches will be conducted on knockout basis only.

3. The format for the matches will be

- Singles
- Doubles
- Singles
- Singles
- Doubles

4. Each team will consist of minimum of 5 players and maximum of 7 players.

5. Each player can play a maximum of 2 matches.

6. The player playing first singles cannot play any other match.

7. No player can play two doubles or two singles.

8. Each match will be played as best of three games of 21 points each following the rally point system.

9. Each win by a player will score one point to the team.

10. All players should be in proper kit.

11. The decision of the official will be final and binding.

12. A team must score 3 points to win the match.

13. All the teams should submit the schedule before the match for three singles and two doubles.

14. A break of 60 seconds will be given after 11 points in all 21points matches.

23rd BITS Sports Festival

Rules for Badminton (Girls)

1. The tournament will be played for the team championship.

2. All matches will be conducted on knockout basis only.

3. The format for the matches will be

- Singles
- Doubles
- Singles
- Singles
- Doubles

4. Each team will consist of minimum of 5 players and maximum of 7 players.

5. Each player can play a maximum of 2 matches.

6. The player playing first singles cannot play any other match.

7. No player can play two doubles or two singles.

8. Each match will be played as best of three games of 21points each following the rally point system.

9. Each win by a player will score one point to the team.

10. All players should be in proper kit.

11. The decision of the official will be final and binding.

12. A team must score 3 points to win the match.

13. All the teams should submit the schedule before the match for three singles and two doubles.

14. A break of 60 seconds will be given after 11 points in all 21points matches.

23rd BITS Sports Festival

Rules for Basketball (Boys)

1. The matches will be played on knock out basis.

2. A maximum of 12 players can be included in one team and5 players on the court.

3. All the matches will be played with two halves of 15 minutes each on running time with a 3-minute break. Last 2 minutes will be stop page time.

4. The clock will only be stopped during time outs, free throws, for injuries and other technical issues/running time.

5. Each team is entitled to two time-outs for the first half and three time-outs for the second half of the game.

6. Each time out is 30 seconds long.

7. Any injured player must be replaced within 15 seconds or else time out will be charged against the team.

8. All substitutes must report to the table officials before entering the court otherwise a technical foul will be charged.

9. A player will be ejected on the 5th personal foul.

10. On the 6th team foul, bonus free throw will be awarded.

11. In case of a tie during the regulation period, there will be at 3 minutes overtime with 2-time outs (30 seconds long) for each team. (3 minutes only).

12. Only team captain/coach will be allowed to liaise with the organizers or official in case of any dispute. Any other Player

13. Hanging/Dunking on the ring is not allowed and a technical foul will be given.

14. Referee's decision is final.

23rd BITS Sports Festival

Rules for Basketball (Girls)

1. The matches will be played on knock out basis.

2. A maximum of 12 players can be included in one team and5 players in the court.

3. Playing time will be 10 minutes each half in running time with 5 minutes break. Last 2 minutes will be stop page time. The clock will only be stopped during time outs and free throws.

4. Each team is entitled to two time-outs per half. Each time out is 30 seconds long.

5. Any injured player must be replaced within 15 seconds or else change time out will be charged against the team.

6. All substitutes must report to the table officials before entering the court.

7. A player will be ejected on the 5th personal foul.

8. Team fouls – when a team commits five (5) player fouls in a half, all subsequent fouls will be penalized by two (2) free throws.

9. In case of deadlock during the regulation period, there will be a 3-minute extension.

10. Five minutes interval between haves and two minutes interval in case of extra time.

11. Only team captain/coach will be allowed to liaise with the organizers or official in case of any dispute.

12. Hanging on the ring is not allowed and a technical foul will be given.

13. Referee's decision is final.

14. Rules not mentioned above will be according to the current FIBA rules. (Including 24s violation)

15. A person who commits two technical fouls in one game will be ejected from that game and three technical fouls will be ejected from the tournament.

23rd BITS Sports Festival

Rules for Cricket (Boys)

1. The matches will be conducted on knockout basis.

2. If a match is cancelled due to rain/bad weather, it will be rescheduled.

3. In case of a tie the result of the match will be decided by a Super Over.

4. Matches will be 12 overs each, 2 bowlers can bowl a maximum of 3 overs and rest 2 overs each.

5. Maximum time for an inning will be 50 minutes. If the team fielding first does not complete its over in stipulated time, then a penalty of 1 over for the first 10 minutes delay and subsequently penalty of 1 over for every 5 minutes delay. In case team fielding second does not complete its quota of overs in stipulated time then 10 runs per over will be given to the opposition team.

6. No LBW.

7. If a team is late by 15 minutes, walkover will be declared.

8. Substitute fielder can only be brought subject to the decision of the umpire.

9. The decision of the umpires will be final and binding on all matter arising during play.

10. Full toss balls over waist will be called no balls.

23rd BITS Sports Festival

11. If during an innings any batsman gets injured, the batsman will not be allowed to get a by runner, he could either continue running himself or getting himself retired out.

12. All the matches will be played with tennis ball (Cricket).

13. In case of any kind of NO ball whether above waist or over stepping, free hit will be allotted.

14. No synthetic bat allowed

15. Keeping gloves allowed.

16. Bouncers over the shoulder will result in a single warning. If a second bouncer is bowled, it will be declared a no-ball (resulting in a Free hit).

17. Bowling ends will change after every 6 overs.

18. Every player should be wearing proper kit. Shorts will not be allowed.

19. No spikes (shoes) allowed.

BITS Pilani
Dubai Campus

23rd BITS Sports Festival

Rules for Cricket (Girls)

1. The matches will be conducted on knockout basis.

i. If a match is cancelled due to rain/bad weather, it may be rescheduled.

2. 15 players in each team are recorded. 11 players inside the ground plus 4 substitutes.

3. In case of a tie the result of the match will be decided by a Bowlout as per international rules.

4. Matches will be 10 over each side. 2 bowlers will be allowed a maximum of 3over and rest a maximum of 2 over each.

5. Maximum time for an inning will be 1 hour if the team fielding first does not complete its over in stipulated time, then a penalty of 1 over for the first 10 minutes delay and subsequently penalty of 1 over for every 5 minutes delay. In case team fielding second does not complete its quota of over in stipulated time then 10 runs per over will be given to the opposition team.

6. If a team is late by 15 minutes, walkover will be declared.

7. Throwing/chucking is allowed.

8. No fielding restrictions.

9. All Matches will be played with hard tennis ball.

10. All Players should have a proper Cricket dress and Equipment.

BITS Pilani
Dubai Campus

11. In the last over, wide ball will lead to an extra run and the ball will not be counted.

12. Substitute fielder can only be brought subject to the decision of the umpire.

13. Balls bowled over the shoulder and full toss over-waist will be called no balls.

14. The organizing committee shall not be responsible for any kind of injury /death during the tournament.

15. No LBW.

16. No ball is not counted; one extra run will be awarded, and the next ball is a free hit.

17. Two bounces before crease is dead ball and is not counted Dead ball is not considered for a person to be out.

18. If there are 3 consecutive dead balls in an over, the over will not be counted and a new bowler has to bowl (This new bowler need to select according to rule number 4).

19. Two runs will be awarded for wide ball and the ball is counted (except for the last over).

23rd BITS Sports Festival

Rules for Chess (Boys & Girls)

1. There will be only four players in a team and one substitute.

2. The time control is game of 15 minutes.

3. A move is not complete until the clock is pressed after moving the piece.

4. In the match between two teams, four players of one team play simultaneously against four players of the other team. Points are as such:

a) Point for each win of the individual players

b) 0.5 points for each draw.

c) 0 points for a loss

5. In case of points being equal at the end of four matches, the fifth player of respective teams play each other to decide the winner of the round. If the fifth match also results in a tie, the fifth players will have are match in an Armageddon match. An Armageddon match is a blitz match with the following rules:

6. White starts with 5 minutes and black starts with 4 minutes

7. A drawn game will count as a win for black

8. A toss will be done to select the sides before the match

9. Illegal moves have one warning and on the second offence loses.

It is the player's responsibility to call out their opponent's illegal move.

10. If a player makes a move and starts the opponent's clock, they have forfeited the right to claim that illegal move.

11. Illegal moves, unnoticed by both players, cannot become the basis for later making an illegal move claim.

12. If an opponent's illegal move is correctly claimed by a player, they are given an additional minute on the clock

13. Team partners cannot verbally communicate throughout a game. It is illegal for one partner to make move suggestions to the other partner.

14. Players in another match are not to speak or otherwise interfere in a game. If a player interferes in any way, such as by calling attention to the flag fall or an illegal move, the tournament arbiter may cancel the game and rule that a new game be played instead, and he may also expel the offending party from the playing room.

15. Each player must push the clock button with the same hand they use to move their pieces. Exception: only during castling may a player use both hands. While capturing only one hand may be used. The first infraction will get a warning, the second one will count as an illegal.

16. Except for pushing the clock button neither player should touch the clock except to straighten it. Neither player should keep their hand on or over the clock.

17. A game is won when either:

- A player has mated their opponent's king.

- The opponent resigns.

18. The opponent has made 2 illegal moves

19. The opponent's time elapses, at any time before the game is otherwise ended, provided the player points it out.

20. A game is drawn when:

- A stalemate occurs

- Mutual agreement between the two players during the game only.

- If a player's time runs out but there is no legal sequence of moves by which their opponent can checkmate them

- A player's time runs out after the time of the other player has already ended and a win has not been claimed, unless either side mates before noticing both flags down.

21. A threefold repetition is correctly claimed by a player. For a threefold repetition a position on the board must repeat three times with the same side to move each time.

22. Only a tournament arbiter may determine if a clock is defective and change clocks.

23. Excessive banging of pieces or clock will not be tolerated, and the offending player may be penalized.

24. A piece that is touched must be moved. If there are no legal moves with the touched piece, it counts as an illegal move and the player who touched the piece may continue the game by moving any other piece. If a player leaves their hand off a piece after moving it to a square, they may not change the piece's position even if they had not pressed the clock (unless the move was illegal). The player may adjust a piece on its square by announcing their intent to do so (by saying "I adjust"). It is the player's duty to point out any violations of this rule to the arbiter.

25. In case of a dispute either player may stop the clock while the tournament arbiter will consider the testimony of both players and any reliable witnesses before rendering his decision.

26. A manager must accompany each team. Only the manager can inform the tournament arbiter about substitutions (if any).

27. All participants must have their ID cards with them.

28. Report to the playing venue 15 minutes in advance.

29. Inform about being unable to play 1 day in advance.

23rd BITS Sports Festival

Rules for Football (Boys)

1. The tournament will be played on knockout basis. Field dimension: 35X55

2. 12 players in a team will be recorded 8 players on field (including the goalkeeper) 4 substitutes.

3. The match will commence after 8 players from each team are recorded by the on-field referee.

4. The game will be played with rolling substitutions. Substitutions will take place when the match is stopped by the referee.

5. Each match will be conducted for duration of 30 minutes containing 2 halves, 15 minutes each and 5 minutes break between the halves.

6. In case of free kicks, the opponent teams' wall should stand at a minimum distance of 2.5 meters from the spot where the kick is taken.

7. The offside rule is not applicable. Slide tackle is not allowed.

8. If the ball goes out of bounds, the play is restarted by a throw in.

9. It is mandatory that shoes are worn and proper football kit with shin guards is used while playing.

10. Teams must report to the coordinator 15 minutes prior to the start of the match.

11. In case of a draw after 30 minutes of game time, the match will go into a penalty shoot-out. There will be 5 penalties which will be taken by either team. In case of a tie at the end of the 5 penalties, the shoot-out will be sudden death.

Note: Only the 8 players present on the field at the end of the game are allowed to participate in the penalty shootout. During the penalty shootout, until all the 8 players on field have taken their penalty, in case of any substitute player is made to do the penalty, the team will be disqualified.

PENALTIES:

A. Two yellow cards in a match will result in the player being sent off.

B. A direct red card will result in the player being sent off and he

will be disqualified from participating in next match as well.

23rd BITS Sports Festival

Rules for Table-Tennis (Boys & Girls)

1. The tournament will be played for the team championship.

2. All matches will be conducted on knock out basis only.

3. Each team consists of five players only.

4. The format for the matches will be two single matches followed by doubles and two reverse singles.

5. First two players will compete for the first two single matches. Next two players should play doubles and the same players who have played the double match have to play the reverse singles, if required.

6. Each match will be played as best of 5 games of 11 points each including finals.

7. A tie will end when a school team has won three matches. International rules and regulations of TT will be followed.

8. The team championship will be conducted on knock-out basis only.

9. The manager/coach must accompany all teams.

10. If a team is 15 minutes late, walkover will be declared

11. All the players should bring their original ID cards for the tournament, which will be checked by the committee. In case, IDs are not available with players they won't be able to compete in the matches.

12. All players should be in proper kits

13. The organizing committee will not be responsible for any in-jury during the matches.

14. The decision of the officials will be final and binding on all matters arising on the field of play.

15. The protest will be received only from coach/ manager of the team 1hour before/after the match.

16. The ceiling height is 10 feet, which is not in accordance with the international rules. If the ball touches the ceiling, player who hit the ball will lose the point. We need your cooperation regarding this. The technical committee's decision will be final and binding. This is not subject to any further review or challenge.

BITS Pilani
Dubai Campus

23rd BITS Sports Festival

Rules for Tennis (BOYS)

1. The match between two teams will be a best of 3 sets.

2. Each set will be won only with a minimum difference of two games; In case of 6 - 6, a tiebreaker will decide the winner of the set

3. Minimum of 3 and maximum of 5 players

4. One player can play at most 2 sets (One singles, and one doubles) and other players can play only 1 set each.

5. 1) First Singles

2) First Doubles

3) Second Singles (If match is tied at 1 set each) Complying with official international rules.

BITS Pilani
Dubai Campus

23rd BITS Sports Festival

Rules for Tennis (GIRLS)

1. The match between two teams will be a best of 3 sets.

2. Each set will be won only with a minimum difference of two games; In case of 6 - 6, a tiebreaker will decide the winner of the set

3. Minimum of 2 and maximum of 4 players

4. Two players can play at most 2 sets (One singles, and one doubles) and other players can play only 1 set each.

5. 1) First Singles

2) Second Singles

3) First Doubles (If match is tied at 1 set each) Complying with official international rules.

BITS Pilani
Dubai Campus

23rd BITS Sports Festival

Rules for Throwball (Girls)

1. The tournament will be played for the team championship.

2. The court measurement will be of beach volleyball court. The height of the net will be 7 feet.

3. Each team shall have 12 players consisting of 9 main players and 3 substitute players.

4. All the 9 players shall stand in 3 lines of 3 players each. The same relative positions must be maintained throughout any one game. The order of serving will be based on rotation and must not be altered. The player in No.9 position shall serve first for her side.

5. The matches shall be played on knockout basis. The best of three games shall decide the match.

6. There will be a neutral box at either side of the net measuring1.5m. If the ball falls in the box, it will be considered out and if any player steps on the box and catches/throws the ball, it will be considered a foul.

7. The game consists of 2 matches rally scoring with 21points and 3rd set – 15 points. Total 3 sets. Best of3.

8. The game consists of throwing the ball to and from across the net. The ball must be caught with both the hands and thrown with one hand.

9. Double touch (juggling the ball in both hands) is not allowed.

10. Players may not catch the ball with the assistance of the body or legs.

11. A ball served or any ball in play must be touched or thrown into the air by maximum of 2 players, to get it back over the net, but it may not be touched twice in succession by the same player.

12. A 360 degree turn by the player is not allowed.

13. A service on the line is considered as out. But during the rally, line ball is considered as good.

14. The throwball match shall be conducted according to regular throwball rules and regulations.

15. A player is not allowed to hold the ball for more than3 seconds.

16. A ball that bounces back from the net during the play is

considered good.

17. Substitution at service position is not allowed. While serving if the ball touches the net, it will be considered as a foul.

18. Not more than one player touches the ball at same time. Two timeouts per set per team.

19. Line cut when serving is not allowed. Carrying the ball and throwing is not allowed.

20. Jump and smash is allowed.

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23rd BITS Sports Festival

Rules for Volleyball (Boys & Girls)

1. The tournament will be played on knock out basis

2. A maximum of twelve members are allowed in a team and six players in the court.

3. All the matches will be best of 3 sets. First two sets of 25 points and the third set will be of 15 points. Tournament will be conducted on rotation basis.

4. Each team is entitled to two timeouts per set. Timeouts will be of 30 seconds duration.

5. Teams must have at least 6 players to begin the match.

6. In the 3rd set, court areas will be switched after one team scores 8 points.

7. Only team captain/coach will be allowed to liaise with the organizers or official in case of any disputes

8. Referee's decision will be final.

9. Rules not mentioned above will be according to the current international rules.

10. Libero should have a different coloured jersey.

11. Teams will be given 15 minutes additional to reporting /match time. In case they are later than that the opposite team gets a walkover.

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Dubai Campus

15. Rules not mentioned above will be according to the current FIBA rules. (Including 24s violation)

16. A person who commits two technical fouls in one game will be ejected from that game and three technical fouls will be ejected from the tournament.

17. Inappropriate attitude from players/coaches to officials will result in technical fouls.

18. Each player must have a valid school ID card inclusive of date of birth.

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Dubai Campus

23rd BITS Sports Festival



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